

# GOLF tips

by Jacques Beukes

## Making an impact



Fig.1



Fig.2

The following drills are designed to help you strike the ball more solidly and are of particular use to those golfers who are high ball hitters or prone to hitting lots of fat shots.

I've noted that a number of amateurs tend to unhinge their wrists too fast, bringing the club too shallow on impact. The result of this is, of course, fat shots, high shots and topped shots. So if you're one of those battling to hit the sand wedge 70 metres, read on!

Fig.1: Here you see a yellow bag, commonly referred to as the impact bag – originally made famous by Henry Cotton. Using this will help keep your left arm, and the shaft of your club, straight on impact.

If you don't have an impact bag, simply find a corner at your range or home where you can line up your arm and club to the wall.

Fig 2: This image illustrates what how you should look when you striking the golf ball correctly.

Still in need of advice on improving your game? Contact your local PGA professional.

Jacques Beukes is a full member of the PGA South Africa and teaches at his Golf Academy, situated in Ballito, KZN. Jacques has extensive teaching and playing experience, coaching the game professionally in both South Africa and the USA. He was the official coach of the WP under 14 and 18 girls' team, as well as coach of the SAPA Korean Golf School. He has also worked with the golf development board. His passion has always been to teach and grow the game and to help golfers of all levels improve. He also teaches out of his golf schools located in Ballito, Pietermaritzburg and Zimbabwe.



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